



NEW
in Vita centre
hotel Larix

THAI MASSAGES

hit holidays
Kranjska Gora

WELLNESS CENTER

VITA
Larix

Wellness centre Vita Larix

Every day: 9.00 - 21.00

Info: +386 (0)4 588 45 00

www.hitholidays-kg.si



Thai Massages

TRADITIONAL THAI THERAPY – NUAD BO RARN is more than 2500 years old. It combines Chinese acupressure, reflexology and Indian yoga. All these traditional techniques are also accompanied by the body treatment – stretching, kneading and therapeutic pressure. The aim is to improve flexibility, relieve tension and pain.

Traditional Thai Massage

(50 min/80 min) € 48 / € 58
It helps to improve the energy flow throughout the body, maintain better flexibility of joints and spine, and it restores balance between the energy of the body and mind.

Thai Massage with Selected

Aromatic Oils (50 min/80 min). . . € 52 / € 62
It has a soothing effect on skin, a beneficial effect on muscle tension, it relieves pain and it helps to eliminate waste from the tissue.

Thai Massage with Warm Herbs and Aromatic Oils

(50 min/80 min). . . € 56 / € 66
This is a regeneration massage that helps to improve blood circulation, it alleviates joint problems, and it helps to maintain vitality. It is especially recommended for muscle and tissue pains.

Thai Foot Massage

(40 min) € 38
It helps to maintain the balance of energies. A massage of the reflex zones on the feet regulates all body functions and relieves the feeling of heavy and tired legs.

Thai Foot and Hand Massage

(50 min) € 47
Both, the massage of the reflex zones on the feet and the massage of the reflex zones on the hands, restore the harmony of the body energies and functions.

Thai Scalp, Neck, Shoulders and Back Massage with Warm Herbs

and Aromatic Oils (40 min). € 44
A soothing massage designed to alleviate headache, muscle tension, neck and shoulder pains. It also improves the blood circulation and oxygen reception.

Thai Back Massage

(30 min) € 34
Alleviates stress, reduces pain in the lumbar, thoracic and cervical area of the spine, and contributes to the general well-being.

Thai Foot and Back Massage

(60 min) € 58

Traditional Thai Massage and Thai Massage with Selected

Aromatic Oils (90 min). € 72

General conditions:

- We recommend prior reservations: +386 4 588 45 00
- In case you cannot attend the reserved appointment, you must inform us at least 12 hours prior to the reserved appointment. Otherwise you will be charged 50% of the treatment value.
- We kindly ask you to come in our wellness centre 10 minutes prior to your appointment. In case you are late, the treatment will not be carried out in full.
- In consideration of our guests, we kindly ask that cell phones are turned off or switched on silent mode.
- When you book your appointment, please inform the receptionist about any health problems you might have, which might influence the selection or carrying out of your chosen treatment.
- The price list is valid from 26 December 2010.
- All prices are in €.
- Prices and services are subject to change without notice.

Hit Alpinea, Družba za turizem, d.d.

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